

# STEP Service User Newsletter

July 2019



My name is Louise, I am the new Public Living Room Coordinator. I will be working hard to ensure that the Living Room is a safe and non judgmental space. I would love to hear your ideas and suggestions on how we can improve the service.

Using the feedback we have been given, I want to create a weekly planner with various activities for everyone to get involved with.

Recent activities have included Connect 5 training, arts and crafts and group games.

## STEP Out of Hours Phone

The STEP Out of Hours phone is no longer available, if you need support with a medical emergency call 999, for non-urgent medical support call 111, if you are feeling low and need to talk to someone call the Samaritans on 116 123

## STEP Weekly Events

Tuesday's 5pm - 8pm - Stoops Community Centre (Burnley) - drop in for tea and a game of pool

Wednesday 1pm - 3pm - St Stephen's church (Burnley) - Activity Hub

Canal & River Trusts walks due to start in September 19

For more information ring Kirsty on 077 4190 0287

## Compliments

At STEP we are always grateful to hear your feedback, lately we've had some fabulous cards and letters. Some of the comments were "Thank you for everything you have done, you have been the light when everything was dark" and "I can't thank you enough for the help and support I received while under your care, you provided me with a new aspect of life I'd never thought I'd have."

Members of the STEP team will be taking part in the Manchester Pride parade on the 24th August 2019. Any STEP service users who would like to join us in this amazing event please ring the STEP number below before the 1st August so we can arrange transport.

